



# UNIVERSITY OF JAMMU

**DATE SHEET CUM CENTRE NOTICE FOR PG DIPLOMA IN YOGA 1<sup>ST</sup> SEMESTER EXAMINATION REGULAR / PRIVATE TO BE HELD IN APRIL-MAY 2024**

DAY	DATE	COURSE CODE	SUBJECT
Monday	29-04-2024	PGDYOG101	Foundation of Yoga (10:00.AM)
Wednesday	01-05-2024	PGDYOG102	Yogic Text (10:00.AM)
Friday	03-05-2024	PGDYOG103	Anatomy and physiology (10:00.AM)
PRACTICAL			
Saturday	04-05-2024	PGDYOG104	Asana , Pranayama, (10:00.AM Morning) Mudras and bandhas (02:30 PM Evening)
Sunday	05-05-2024	PGDYOG105	Clinical Examination (10:00.AM Morning) Viva Voce (02:30 PM Evening)

Name of the Centre CENTRE NOTICE

Deptt.of Sports &Physical Education  
University of Jammu

Students of P.G.Diploma in Yoga University of Jammu

Roll.No;- 01-Yog-23—16 , 14-YOG-22 = 17

**Note:**

1. The student/s are advised not to carry Mobile Phones or any other electronics device in the Examination Hall.
2. The student/s are also advised not to disclose their identity by writing name or any other identification mark in the Answer Book Which shall be tantamount to use of unfair means and will be punished under the University statutes.
3. The students are further advised to use only Blue Ink/Ball Pen and cross all Blank sheets or blank portions of answer sheets.

No.Exams.Prof./24/442-462  
Dated:- 23-04-2024

By/ Joint Registrar(Exam/Prof)

**Copy-**

01. Special Secretary to Vice-Chancellor, for kind information of the Vice-Chancellor .
02. P.S. to Dean Academic Affairs, University of Jammu, Jammu.
03. Sr. P.A. to Registrar /Controller of Examinations, University of Jammu, Jammu.
04. Director Sports and Physical Education, University of Jammu, Jammu.
05. Confidential Assistant to Controller of Examinations, University of Jammu, Jammu.
06. Joint/Deputy/Assistant Registrar – Examination/Conduct/Evaluation-Prof/Examination-Computer/Re-Evaluation/ Examination /Stationary section.
07. Sr.Programmner (Examination Wing) with the request to upload it on: [www.cocju.com](http://www.cocju.com)/University Website.
08. Chief Security Officer, University of Jammu.
09. Superintendent Concerned.
10. Candidate Concerned where applicable .